



I didn't realize when first signing up for the Healthy Families program that it would have such a positive impact on my life as younger parent.

I have enjoyed how personal, caring, compassionate and professional my home visitor has been. She has never made me feel judged or told me how to parent but has only encouraged and supported me in my family values and goals.

I have learned empathetic parenting skills and use them daily with my son. Learning how to be more conscious of how I want to parent my child through the weekly home visits has been a wonderful reminder to what I value most.

I truly feel I have an abundance of positive parenting information and tools. I feel confident in raising a self-assured, empathetic and bright son. I would recommend the Healthy Families program to anyone.

Olivia- Healthy Families Parent